



THE INSURANCE EXAM STUDY RESET

5 simple steps to figure out what to change before your next exam

**I failed too.
I did not need to give up on insurance. I needed to change how I
was studying.**

Use this guide to find your weak spots, choose a study method that helps the material stick, and build a simple plan you can actually follow.

FREE STUDY GUIDE

First: failing does not cancel your opportunity.

The first time I took the insurance exam, I failed.

I had read the material. I highlighted my book. I thought I was ready. But highlighting was not enough for me. When I prepared to retest, I changed my approach. I started writing the information out by hand, organizing the topics, and putting concepts into words that made sense to me.

That changed everything. I passed on my second attempt.

The lesson was not: “study harder.”
The lesson was: study in a way that helps YOU remember and recall the information.

Before you study another hour, answer this:

- ☐ What am I doing now that is actually helping me remember?
- ☐ What am I doing just because someone told me I “should”?
- ☐ Which chapters can I explain without looking at my notes?
- ☐ Which chapters make me freeze when I see a practice question?

Your goal is not to copy someone else’s study routine. Your goal is to discover what helps you retrieve the answer when the exam asks for it.

STEP 1 - Find the gap

Stop spending most of your time reviewing what already feels comfortable. Your weak areas deserve the most attention.

Pick one chapter and do this without your notes:

- ☐ Write 5-10 facts you believe you must know.
- ☐ Explain each fact in your own words.
- ☐ Answer a few practice questions.
- ☐ Circle anything you could not explain or missed.

**That circled information is your study gap.
Study the gap - not the whole book all over again.**

STEP 2 - Choose the method that makes it stick

Try different methods and keep the ones that improve your recall. You do not have to use every method.

Method	Try it like this
Write it	Rewrite the concept in your own words.
Say it	Explain the concept out loud without looking.
Flashcards	Term on the front; meaning or clue on the back.
Practice questions	Use missed questions to find what you do not know.
Visuals	Build a simple chart, comparison, or mind map.
Teach it	Teach the concept to someone else in plain language.

My best method right now: _____

STEP 3 - Stop studying only in textbook order

The exam will not politely ask you questions in the same order you learned the material. If you always start at Chapter 1, you may become very strong in the beginning and barely review the later chapters.

Try one of these study resets:

- ☐ Start with the last chapter and work backward.
- ☐ Start in the middle and rotate topics.
- ☐ Mix strong chapters with weak chapters.
- ☐ End each study session with a topic you usually avoid.

**Do not confuse familiarity with mastery.
Seeing the same chapter over and over can make it feel easy -
even when you cannot answer questions about it.**

STEP 4 - Test yourself, do not just reread

Rereading feels productive because the information looks familiar. The exam, however, requires you to recall and apply what you know.

Use this 3-part check:

1. CLOSE	Close the book or notes.
2. RECALL	Write or say what you remember.
3. CHECK	Open your notes and compare. Study what you missed.

STEP 5 - Use the 7-Day Study Reset

This is not a promise that everyone will be ready in seven days. It is a simple reset to help you study with more purpose and see what still needs work.

Day	Focus	What to do
1	Diagnose	Take a short practice set or self-quiz. List your 3 weakest topics.
2	Weak Topic #1	Study in your best method. Close your notes and recall it.
3	Weak Topic #2	Use a different method if needed. End with practice questions.
4	Weak Topic #3	Break it into small pieces. Explain each piece out loud.
5	Mix it up	Review from the back or middle. Mix chapters instead of studying in order.
6	Test	Take a mixed practice set. Review every missed answer and why you missed it.
7	Decision Day	Retest yourself. Decide what still needs work before scheduling or taking the exam.

My 3 weak topics:

1. _____
2. _____
3. _____

Remember: You may not need more hours. You may need a better plan for the hours you already have.

You failed? We go back to work.

A failed score is information - not a verdict on your future in insurance.



YOUR NEXT STEP

Choose the support that matches what you need now.

Need better notes?

Passed-It Notes - Tanya's refined Life & Health study notes.

Need practice?

Use vocabulary quizzes, flashcards, and practice questions to expose weak areas.

Failed and need help fast?

A focused crash course can help you understand what you missed and prepare for the retake.

GET Skills Training Academy

Helping future agents prepare with clarity, confidence, and a plan.

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Educational use only. Exam content, rules, and retake requirements vary by state and testing provider. Success depends on preparation and individual performance.